

FOR IMMEDIATE RELEASE

Contact: Nathan Effron

(310) 891-0600 ext. 2604

Email: neffron@sunchlorellausa.com

New Study shows Probiotics linked to Metabolism

May 29, 2009, Torrance, CA - Results of a new study published in the journal *Molecular Systems Biology* show probiotics have a tangible effect on metabolism.

Researchers from Imperial College London and Nestle Research Center in Lausanne, Switzerland, fed mice two different strains of probiotics, *Lactobacillus paracasei* and *Lactobacillus rhamnosus*. Each strain showed a range of biochemical effects that were markedly different.

They also observed that one biological change was in how the treated mice metabolized bile acids. The primary function of bile acids is to emulsify fats in the upper gut. If probiotics influences the way bile acids are metabolized, they could change the amount of fat the body can absorb.

Probiotics are nutritional supplements or foods that contain the good bacteria similar to that found naturally in the body. While there are billions of both bad and good bacteria throughout the digestive tract, most are found in the intestines.

Good bacteria is critical for good health as it aids digestion, supports the immune system, and plays a role in the creation of B-vitamins and certain enzymes.

Foods like yogurt, kefir, and sauerkraut are some of the foods that are high in probiotics. Other foods, known as Prebiotics, are essential as well; they help good bacteria grow. Prebiotic foods include onion, garlic, and the superfood Chlorella.

Sun Chlorella, a single-cell, fresh water green alga, helps to detoxify and rejuvenate the body. It contains more protein and chlorophyll than any other plant; is high in vitamins, minerals, dietary fiber, and nucleic acids; and, includes all the essential amino acids.

According to nutritionist David Nelson, Ph.D., "Nutrition helps every aspect of health, from metabolic to emotional. Sun Chlorella is a wonderful whole food that contains a wide range of nutrients."

###

For more information about Sun Chlorella USA, visit their website at www.sunchlorellausa.com. Sun Chlorella USA (www.sunchlorellausa.com) is a distributor of Sun Chlorella "A", Pet Sun Chlorella, Sun Eleuthero, Wakasa Gold, Wakasa Honey, Sun Eleuthero Extract, Sunergize, Sun Chlorella Cream and Sun Eleuthero Tea.

References

“Probiotics affect metabolism, says new study,” Imperial College London News Release, 1/08